



# Menu

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## Coffee

<b>Espresso</b> (single shot)	<b>£1.95</b>	<i>0 kcals</i>
<b>Flat White</b>	<b>£2.95</b>	<i>49 kcals</i>
<b>Cappuccino</b>	<b>£2.95</b>	<i>118 kcals</i>
<b>Latte</b>	<b>£2.95</b>	<i>98 kcals</i>
<b>Americano</b> with 50ml milk portion	<b>£2.95</b>	<i>20 kcals</i>
<b>Filter</b> with 50ml milk portion	<b>£1.95</b>	<i>20 kcals</i>

## Tea

<b>Breakfast Tea</b> with 50ml milk portion	<b>£2.50</b>	<i>20 kcals</i>
<b>Fruit Tea</b> with 50ml milk portion	<b>£2.75</b>	<i>20 kcals</i>

## Hot Chocolate

<b>Hot Chocolate</b>	<b>£3.45</b>	<i>200 kcals</i>
<b>Syrup Shot</b> Vanilla, Caramel, Gingerbread, Cinnamon	<b>95p</b>	<i>77 kcals</i>

## Cold Drinks

<b>Fruit Drink</b>	<b>£1.95</b>
<b>Canned Drinks – Sugar Free</b>	<b>£1.25</b>
<b>Canned Drinks</b>	<b>£1.50</b>
<b>Water</b> Still, Sparkling	<b>£1.50</b>
<b>Flavoured Water</b>	<b>£1.75</b>
<b>Kids Cartons</b>	<b>£1.25</b>
<b>Glass of Milk</b>	<b>£1.25</b>

## Treat Yourself

<b>Biscuits</b>	<b>£1.00</b>
<b>Cakes</b>	<b>£2.75</b>
<b>Crisps</b>	<b>£1.00</b>
<b>Muffins</b>	<b>£2.25</b>
<b>Chocolate Bar</b>	<b>£1.50</b>
<b>Scone with Jam &amp; Cream</b>	<b>£2.25</b>

**Note, adults need around 2000 kcals per day** – additional calorie information available on request. Please speak with a member of the team if you have any food allergies or intolerances and they will help you identify suitable meals from the menu. However, as we do process allergens within the kitchen, we cannot guarantee that food will not have cross-contamination.